

HOME DELIVERED MEALS PILOT PROJECT
PROGRAM SUMMARY – ADVISORY COUNCIL MEETING JULY 2019

The goal of the Home Delivered Meals Pilot Project is to address food insecurity as a growing issue among frail seniors in Pinellas County.

- The Area Agency on Aging of Pasco – Pinellas County successfully negotiated a contract with Mom’s Meals – Nourish Care to provide home delivered meals to clients in Pinellas County.
- The meal cost, which was not to exceed \$7.00 / meal per contract was negotiated at \$5.99 / meal which increased the number of meals projected to be provided from approximately 13,000 meals to 15,525 meals.
- The clients identified to receive the meals were based on the following factors:
 - Clients on the waiting list for Older Americans Act Home Delivered Meals in Pinellas County
 - Clients not already receiving meals through other funding sources or targeted to begin to receive meals through the Older Americans Act provider
 - Clients residing within the zip codes identified by utilizing the Tampa Bay Network to End Hunger (TBNEH) hunger map that illustrates areas of the County where access to groceries and food banks is not easily accessible for seniors.

AS OF 7/1/2019 Zip Codes	Number of Clients Referred for Meals	Sex		Age			
		Male	Female	60 – 65	66 – 75	76 – 85	86+
33702	10	3	7		3	3	4
33703	2		2		2		
34698	8	5	3	1	1	4	2
34677	6	2	4		3	1	2
33710	5	1	4		1	2	2
33712	6		6	3		2	1
33716	0						
33709	10	4	6	1	6		3
33764	1		1			1	
34684	7	2	5			4	3
33771	16	6	10	2	3	6	5
33755	0						
33707	4	1	3		3	1	
33756	5	1	4	2	2	1	
33778	2	1	1		1	1	
33713	4	1	3		3	1	
33701	1		1		1		
33716	3	1	2			3	
TOTALS:	90	28	62	9	29	30	22

Month	Number of Clients Who Received Meals	Total Meals Provided	Monthly Expenditure
March	53	742	\$4444.58
April	60	1539	\$9218.65
May	63	2042	\$12,231.58
June	84 anticipated	2520 anticipated	
July			
August			
September			
Total Services Budget			\$93,000.00
Remaining Services Budget			\$71,105.19

Progress toward Expected Impacts

The basic outcome expected is an increase in food and nutrient intake for 70 low income seniors in targeted areas of Pinellas County. Adequate nutrition contributes to improved diet quality, reduced food insecurity and reduces the rate of seniors who need acute or long term medical care resulting in potential decrease in hospital admissions or readmissions.

- Clients have been contacted using the above method of identification. Updated waiting list has been reviewed and additional clients contacted for enrollment ongoing to spend budget allocation and as clients attrition.
- There have been a total of 90 clients who have accepted meals and have been referred to Mom’s Meals to authorize delivery to start under Pinellas County Home Delivered Meals Pilot funding. 84 clients are expected to receive meals in July.
- 53 clients received their first meal delivery in March. 60 clients received meals in April and 63 clients received meals in May.
- A sample of 20% of enrolled clients were contacted in May and June to complete client satisfaction surveys to measure how clients are reporting that the meals are impacting their ability to remain in their homes, improvement in their nutritious meal intake, and improvement in feelings of food insecurity. Overall, clients responded that meals were helping them to remain independently in their homes and expressed satisfaction with the meal quality, taste and service.
- Mom’s Meals offers meals to accommodate special diets including Vegetarian, Heart Friendly, Diabetes Friendly, Renal Friendly, Gluten Free and Pureed. Clients are added to driver routes as soon as possible after initial delivery and ongoing client deliveries are made by personal meal delivery by Mom’s Meals delivery drivers. This may be the only face-to-face social interaction some homebound seniors have on a regular basis. A Brown University study conducted in 2015 concluded that seniors living alone who received meals showed statistically significant reductions in feelings of isolation, were less worried about staying in their homes, felt safer and reported better nutrient intake.

Subcontractor Monitoring

The subcontractor, Mom’s Meals, is scheduled for monitoring in June. Monthly billing submissions are reviewed to ensure that clients are enrolled in the program prior to payment. Review also used to identify any clients who were authorized to receive meals and were not included in the monthly invoice. Follow-up is completed with those clients to identify any issues with service delivery or client status change that resulted in no meal delivery.