

Don't make this journey alone!

# CAREGIVER CONNECT

Join us on Facebook Live for the following topics:

Wednesday, May 22nd - 11am

**Behavior & Communication Techniques for  
Alzheimer's/Dementia Caregivers**

Tuesday June 4th - 6:30 pm

**Legal & Financial Aspects of Caregiving**

Thursday June 13th - 2:30 pm

**Coping & Stress Management for Caregivers**

Tuesday, June 25th - 2:30 pm

**Caregiving Sustainably: Looking at the Long Term**

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To access the video sessions, search "Area Agency on Aging of Pasco - Pinellas" in the Facebook search bar.

Be sure to like our page to stay in the loop for further sessions!

