

**AREA AGENCY ON AGING OF PASCO-PINELLAS  
ADVISORY COUNCIL MEETING MINUTES  
JULY 10, 2017**

**MEMBERS PRESENT:**

Beth Aker  
Betty Beeler via Conference Phone  
Miriam Benitez-Nixon  
Barb Epstein  
Mike Estigo  
Samantha Fenger via Conference Phone  
Nancy Giles via Conference Phone  
Sharon Lena  
Kerry Kimball Marsalek  
Paul McClintock  
Jodi Vosburgh  
Lenny Waugh  
Lena Wilfalk  
Becky Yackel

**MEMBERS ABSENT:**

Sue Castonguay  
Louise Dolsay  
Carole McLeod  
Cristina Spiegel

**OTHERS PRESENT:**

Jason Martino, AAAPP  
Natalie Lemke, Sea Breeze Adult Day Center, LLC  
Helen King, AAAPP

**Agenda Item #1 Welcome and Introductions**

Paul McClintock, Chair, called the meeting to order at 1:36 PM at the Aging Well Center at the Long Center's Board Room. All present introduced themselves.

**Agenda Item #2 Consent Agenda**

Helen King, Acting Executive Director, AAAPP, stated that the items on the Consent Agenda are the April 17, 2017 Board of Directors meeting minutes, May 15, 2017 Board of Directors meeting minutes, and May 08, 2017 Advisory Council meeting minutes. Kerry Marsalek made a motion to approve all three meeting minutes and Lenny Waugh seconded that motion. None opposed, motion carried.

**Agenda Item #3 Items for Discussion from the Consent Agenda**

None.

**Agenda Item #4 Nominating Committee Report**

Helen announced that Sharon Lena and Beth Aker were appointed to the Advisory Council effective May 25, 2017, and both represent Pasco County. Members were provided copies of the new member applications and an updated list of the Advisory Council. Helen said that at the moment the Advisory Council has all vacancies filled. Both Sharon and Beth gave a little information about themselves and everyone welcomed them to the meeting.

**Agenda Item #5            Guest Speaker**

Natalie Lemke, owner of Sea Breeze Adult Day Center, thanked Helen and everyone for inviting her to speak. She distributed a handout on her presentation. Natalie wanted to address the importance of adult day centers and their continuum of care as well as the importance of keeping seniors home for as long as possible. Sea Breeze opened their doors in February, 2017. Natalie explained how she has had a lot of experience with adult care on a personal level after her mother was diagnosed with Vascular Dementia 10 years ago, and so she decided last year to start an adult day center due to her own struggles and challenges with health issues and caregiver issues and the stress that comes along with it. The center's focus is on companionship, activities, and keeping elders engaged, as well as getting them out of the house and in the community but having them in a safe environment. Natalie explained the difference between senior centers and adult day centers stating that the clients that come to her center might have some cognitive issues like Alzheimer's or different forms of dementia, and may need help with some basic activities that senior centers are not equipped to do. The senior centers are not licensed through AHCA whereas the adult day centers are, and have to follow strict procedures. There are 2 types of licensed adult day care; one is a Social Adult Day Care and the other is Adult Day Health Care. The main differences is that the adult day health care provides some additional services which requires them to have a registered nurse on staff. Natalie described some of the services and activities they provide. There were a few questions to which Natalie addressed.

**Agenda Item #6            Disaster Preparedness**

Jason Martino, Director of Planning, distributed hurricane guides and explained the roles and procedures the AAAPP takes in preparation of a disaster around the community. Emergency Management operates in 4 different phases which is, preparation, mitigation, response, and recovery. As one of the emergency coordinating officers, Jason and the AAAPP plays a big role in preparation for such emergencies by working with partners in the community and lead agencies throughout Florida as well as educating seniors. Jason talked about AAAPP's role in all 4 phases of emergency management. Even though there is discussion about what to do if a hurricane should hit, there are a variety of hazards that could happen like pandemic flu, flooding, or other possible scenarios. On a global level, emergency management operates in the state of Florida and many places around the nation with what they call Emergency Support Functions. There is roughly around 17 of them but the Area Agencies and the Department of Elder Affairs really only play an active role in about 6 of them; Mass Care, Health & Medical, Search & Rescue, Food & Water, Public Information, as well as Volunteer & Donations. Pasco and Pinellas Counties prepare hurricane guides that get distributed out to different places like Walgreens, libraries, recreation centers, or the Post office to name a few. Jason talked about some evacuation situations and some changes that took place. Helen acknowledged Jason's hard work as the emergency coordinating officer and thanked him for his dedication. There were a few questions and comments.

**Agenda Item #7            Location of Council Meetings in 2018**

Helen announced that the Advisory Council meetings will no longer be held at the Aging Well Center after the end of the year and will need to find another location for their alternate meeting spot. Helen is asking for suggestions preferably in mid Pinellas County and it is important to find a location that offers conference call capability. There were a couple of suggestion and a few questions and comments.

**Agenda Item #8            Announcements**

Ann Marie Winter will be starting at the new Executive Director starting July 19, 2017. The next Advisory Council meeting will be held on September 11, 2017 at the AAAPP Board room and the November 13, 2017 Advisory meeting will also be held at the AAAPP. DOEA monitoring dates are scheduled for November 15 and 16, 2017. All Advisory members and Board members are encouraged to attend.

There being no further business for discussion, the meeting adjourned at 3:07 P.M.  
(Minutes transcribed by Katherine Thomley)