ALTERNATIVE APPROACHES TO AGING WELL

SLOW THE AGING PROCESS & IMPROVE YOUR HEALTH

FRIDAY, FEBRUARY 19TH
Registration Begins at 7:00 AM
Program at 8:00 AM - Noon

$10 Admission
Funds to support two Nursing Scholarships

Speakers Include: Dr. John Young, Foundational Medicine, Dr. Les Cole, Preventative Medicine, Bob Linde AP Registered Herbalist, Val Mirea Dr. of Oriental Medicine

Other Topics: Functional Medicine, Nutrition, Acupuncture, Massage Therapy, Chiropractic Impact, Yoga, and more....

- Visit our Sponsors before and after the program (room open until 1pm)
- Q&A with Presenters
- Door Prizes
- Coffee provided by PADDOCK Coffee
- Water and Breakfast snacks provided

EMPATH HEALTH - THE GATHERING PLACE
5771 ROOSEVELT BOULEVARD, CLEARWATER FLORIDA 33760

To register
http://blspinellas.org/Alternative-Approaches-to-Aging-Well-Seminar

LEAVE TODAY WITH INFORMATION AND INSPIRATION TO LIVE A HEALTHIER LIFE