

# Caregiver Handbook

## A Step-By-Step Manual and Resource Guide For Caregivers of Florida Seniors in Pinellas and Pasco Counties

Area Agency on Aging of Pasco-Pinellas, Inc.,  
A Designated Aging and Disability Resource Center  
9887 4<sup>th</sup> Street North, Suite 100  
St. Petersburg, FL 33702  
Telephone: 727-570-9696 or Senior Helpline 800-96 - ELDER  
Fax: 727- 217-7615  
Web Site: [www.agingcarefl.org](http://www.agingcarefl.org)



This document was prepared with financial assistance from the Department of Elder Affairs, State of Florida and the U.S. Administration on Aging using funds appropriated under the Older Americans Act.

Third Edition – 2010

Original edition developed by:

The Caregivers of Seniors Resources, Education, Services, and Training (REST) Project,  
a three-year collaborative effort of St. Petersburg College and  
the Area Agency on Aging of Pasco-Pinellas, Inc.,  
funded September 1, 2001 to August 30, 2004  
by a U. S. Administration on Aging demonstration grant.

Special thanks and appreciation are extended to  
Congressman C.W. Bill Young  
in recognition of his advocacy role in appropriating these funds for  
seniors and their caregivers.  
and  
Amanda Crabtree,  
who served as the Caregiver Coordinator  
and the author of the original edition of the Caregiver Handbook.